

EARTH

frozen food and ice cream list

| | | | |
|---|-------|--|-------|
| Fry's Burgers | 3.55 | DAIRY | |
| Fry's Sausages | 3.85 | Green and Blacks | |
| Fry's Schnitzels | 3.23 | Ice Cream Tub -100g | 1.59 |
| Goodlife Nut Burgers..... | 2.49 | Ice Cream Tub - 500g..... | 4.79 |
| Goodlife Spicy Bean Burgers..... | 2.87 | Jude (large)..... | 4.95 |
| Goodlife Beetroot and Feta Sausages...3.05 | | Jude (small) | 2.00 |
| Goodlife Tomato and Basil Sausages.....3.05 | | Yeo Valley | |
| McCartney's sausage..... | 2.03 | Ice Cream Tub 1L | 4.67 |
| McCartney's country pies..... | 2.76 | Roskilly's | |
| McCartney's sausage rolls..... | 1.63 | Ice Cream/Sorbet Tub 500g..... | 5.20 |
| Nut roast (luxury 350g) | 5.39 | Montezuma | 4.99 |
| Nut roast (luxury 500g) | 8.25 | | |
| Pastry – Puff (Dorset)..... | 4.18 | NON DAIRY | |
| Pastry – Shortcrust (Dorset) | 3.56 | | |
| Pastry -Sweet Shortcrust (Dorset)..... | 3.69 | Swedish Glace | |
| Pastry – Gluten Free Pastry | 3.45 | 750ml large tub..... | 3.50 |
| Filo Pastry Theo's | 1.59 | Neapolitan | 4.99 |
| Pastry Clives..... | 1.76 | Booja Booja ('Stuff in a tub') | |
| Quorn Balls..... | 3.17 | Chocolate 500ml..... | 5.99 |
| Quorn Mince | 2.99 | Vanilla, Coconut, Ginger 500ml..... | 5.99 |
| Quorn Pieces..... | 2.99 | Maple Pecan..... | 6.99 |
| Quorn Sausages 336g | 2.35 | 100ml small tub..... | 1.99 |
| Tempeh – plain, organic..... | 1.99 | | |
| VegeMince (McCartney) | 2.59 | Coyo | 7.49 |
| Vegetarian Choice Sausages..... | 1.03 | | |
| Vegetarian Choice Burgers..... | 1.03 | FROZEN FRUIT | |
| | | Natural Cool | |
| Vegetables | | Raspberries 300g..... | 3.28 |
| Demeter Chips (600g)..... | 2.11 | Blueberries 300g..... | 3.55 |
| Demeter Corn (450g) | 2.73 | Sour Cherries 300g..... | 3.27 |
| Demeter Kale..... | 1.85 | Berry Mix 300g | 3.46 |
| Demeter Peas (450g)..... | 2.37 | Cranberries 300g | 3.27 |
| Demeter Spinach (450g) | 1.73 | Strawberries..... | 2.58 |
| Demeter Green Beans..... | 1.72 | Windmill Hill Fruits | |
| Edamame (both types)..... | 1.97 | Blackcurrants..... | 2.66 |
| Spinach in bags..... | 2.20 | Blackberries..... | 2.49 |
| Peas..... | 2.95 | Summer fruits..... | 2.66 |
| | | Açai /Acerola cherry (4-pack) | 3.75 |
| E3 Live | 27.99 | Frozen wheat grass..... | 13.99 |
| | | Real Nice Ice lollies (fruit) | 1.30 |
| GOATS MILK | | | |
| Goats' Milk Demeter | 1.78 | | |
| Goats' Milk Ellie's..... | 1.30 | | |
| Sheep's Milk | 2.05 | | |